



# Asquith Mixed Probud Club BULLETIN

## President's Corner.

The sudden death of Phyllis Davies was a shock to all of us, and our hearts go out to Bill and family in their grief. Unfortunately for me, Phyllis' funeral coincided with my visit to my family in Adelaide, but I thank the Past President, John Channon for filling in for me. I will also have to miss the Farewell to Joan Barnes, as she moves to Melbourne, to be near her family. Joan has been a much-loved member of our Asquith Club for many years.

I must express our thanks to Jim Jeffries, Vice-President and Recruiter of Speakers, for rearranging our Speaker for the last meeting, at almost the last minute, when the original speaker was struck down with Covid 19. I must also take issue with a member who said "Vice Presidents don't do anything." Our other Vice President, Sandra Death, is also our Public Officer, as well as looking after the Suggestion Box, and being the general "person-on-call" when issues arise. I am thankful for all the Committee members who are working hard on your behalf.

I have heard good reports of the "Buddy" system working well in a number of cases. If you don't have easy access to emails, and haven't found a Buddy to share the information with you, please see me, or another Committee member. Finally, I thank Judy Thompson for arranging the Bastille Day Lunch at Allegro, it was an excellent event. It also demonstrated to me the importance of wearing our Name Badges when we go on outings, as I met a member of another Club, who was also wearing his Badge.

John Davies

<b>Meeting Dates</b> <b>General Meeting.</b> <b>Thursday 4 August 2022 at Magpies, 10am for 10.30am start.</b> <b>Thursday 1 September 2022, at Magpies, 10am for 10.30am start.</b> Website: <a href="https://www.asquithmixedprobud.org.au">https://www.asquithmixedprobud.org.au</a> Email: <a href="mailto:info@asquithmixedprobud.org.au">info@asquithmixedprobud.org.au</a> <a href="mailto:webmaster@asquithmixedprobud.org.au">webmaster@asquithmixedprobud.org.au</a>	<b>Bulletin: Editor: Sylvia Gratton</b> <b>Asquith Mixed Probud Club Inc.</b> The Secretary AMPC, 9 Warruga Crescent, Berowra Heights 2082 Formed by the Rotary Club of Berowra on 2 October 2008. Club No: 9003799 District: 9685 PD3 Inc. No.: 9890687 <b>Bendigo Bank details for deposits.</b> BSB No: 633-000 Account No.: 139 637 029	<b>PRIVACY:</b> In accordance with the Privacy Act 1988 and recommendation from Probud South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probud Club use only and is not to be used for any other purpose.
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## COMMITTEE NOTES - JULY 2022

1. **Judy** has been busy organising lunches and dinners for the next couple of months. August - Frankie's Restaurant at Terry Hills and September - Surena Persian Restaurant in Hornsby. Check for details in The Bulletin.
2. **Thursday 20th October will be our Probus Birthday Picnic** held at the Wildflower Gardens, St Ives. This will be catered for. More to come on this event. There will be carpooling for those who don't wish to drive.
3. **We are looking to have an Observer** at our Committee Meetings, so you can see what we get up to. Please see a Committee Member if you would like to take part one Thursday (the week after General Meeting).
4. **Don't forget the Buddy system** for those who don't have access to email. Members have been matching up with a friend who will let them know of anything important happening, that they need to know about before the meeting.
5. **Barry Willick** has returned from his holiday, and will now be the appropriate person to notify and register your attendance or apology for the August meeting. Please do so by the Tuesday before the meeting so he can advise the club of numbers for setup and morning tea.

### Barry Willick

6. **Just a reminder** for those who had tickets for Phantom of the Opera, the new date is getting closer - Sunday 21st August.

### Pam



## Treasurer's Report as at 11 July 2022

Funds received so far this year	\$9,151
Reduced by expenses of	<u>\$4,933</u>
Funds available so far this year, up to 11 July	\$4,218
 Add all previous year's surplus funds	 <u>\$11,290</u>
Leaving members funds available	<u><u>\$15,508</u></u>
 ... The above funds consist of cash	 \$30,248
less - mainly member payments for future activities	<u>\$14,740</u>
Total member funds	<u><u>\$15,508</u></u>

Angus Dougall. 12 July 2022

## Payment of Monies

The procedure for payment for now is as follows:

All cash or cheques should be placed in an envelope with your name, activity and cost of event written on the outside.

Envelopes will be retained by Treasurer as a receipt, and bank statements will confirm payments by EFT.

Please pay **EFT's** prior to monthly meetings including your name and outing abbreviation. Print and retain a copy of the bank receipt.

**Monies paid by Electronic Funds Transfer (EFT)** should be made to:

Account Name: Asquith Mixed Probus Club  
BSB: 633-000  
Account: 139 637 029

Please advise the outings organiser if you are unable to attend an outing and advise Treasurer if refund or transfer to a different activity is required.



**DOLLS** When? the Wednesday following our monthly 'member meeting' at 10:15 for a 10:30 start. Please join us for tea, coffee, cake and a chat. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit. Contact Barbara Williamson

**MAH-JONG** The group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. Contact Pam Clarke for more information.

**CARDS** 500 cards held 1<sup>st</sup> and 3rd Wednesday of the month at 10am in the Pavilion at Magpies. New players welcome. Phone Mary at

**MEN'S GROUP** Meets 3<sup>rd</sup> Wednesday of the month at 10am in the Pavilion at Magpies. Contact Robert Allison

AMPC Men's Group	Robert Allison	Dolls	Barbara Williamson
Auditor	Robert Allison	5 <sup>th</sup> Thursday BBQ	Lance Williamson
Books DVD	George Gates	Mah-jong	Pam Clarke
Jigsaws	Robert Montgomery	Theatres	
Dining out	Judy Thompson	Walks	Laurie Keaton
Cards 500	Mary Glasby	Assistant Walks.	Dianne Watson
		Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Yenda Holland
Assist. Tours/Excurs.	Helen Nancarrow	Assist. Tours/Excurs.	Lula Andersen

## AMPC COMMITTEE MEMBERS 2021-22

AMPC Committee Members		Phone	Email
President	John Davies		
Vice-President Elect	Sandra Death		
Vice-President	Jim Jeffries		
Secretary	Pam Slater		
Treasurer	Angus Dougall		
	<b>Committee</b>		
Bulletin	Sylvia Gratton		
Hospitality	Judy Thompson		
Membership	Barry Willick		
Programme	Jim Jeffries		
Tours/Excursions	Mal & Suellen Steel		
Welfare	Vicki McPherson		
Assistant Secretary	Sandra Death		
Assistant Treasurer			
Historian/Public Officer	Sandra Death		
Past President	John Channon		

## **DINING OUT & HOSPITALITY**

We celebrated BASTILLE DAY on Thursday 14 July at the beautiful function centre of ALLEGRO.  
We all enjoyed a delicious French regional lunch.  
The venue and hospitality were beautiful.

**FRANKIE'S RESTAURANT at FLOWER POWER** at 277 Mona Vale Road, TERRY HILLS.

Tuesday, 9th August 12.30pm.

Please sign up for lunch, but you will pay for your own meal at the restaurant.  
See me if you would like to share transport.

**SURENA PERSIAN RESTAURANT** at 5 Dural Lane, Hornsby

Thursday 8th September at 6pm.

Sign up and pay EFT \$35

Our **BIRTHDAY CELEBRATION** will be held on 20 OCTOBER at the WILDFLOWER GARDEN

Caley's Pavilion 420 Mona Vale Road, St Ives. 12 noon

Only \$15.00 pp and BYO drinks. Food is all catered.

Please sign up, pay EFT and indicate if you require transport.

**FIRST AID COURSE** was on 16 July at St. Johns Anglican Church Hall, Asquith.

We all passed !! so your leaders of activities and walks are all qualified.

## **SPEAKERS**

Our July Speaker was **JENNIFER PHILPS** who kindly moved her scheduled appearance forward as Rafaele Joudry was out of action with Covid.

**August**--Eric Hiam- Eric is the founder & principal of the Balance Group – which has specialised in financial planning, aged care, retirement villages, private home care, and estate management.

Eric has had 40+ years' experience in the financial industry and is about helping people to understand their financial choices to ensure they make informed decisions about their financial future.

Eric's presentation will discuss

How aged care works financially - Maximising the pension when moving into care

How to stay longer in your home - Alternatives to aged care

Estate Planning - discussion regarding the outcomes of reviewing current wills

**September** - our speaker will be Rafaele Joudry.

Rafaele is a well-known author, speaker and founder of Sound Therapy International.

Rafaele has a background in social work and community education and holds a Masters of Psychology specializing in Sound Therapy.

She pioneered the first portable Sound Therapy program in Australia in 1989, enabling individuals to improve ear function and brain integration, to enhance hearing, learning and brain performance.

Rafaele Joudry has dedicated her life to helping people overcome auditory problems and enhance their lives through better ear and brain health.

## **SYDNEY JEWISH MUSEUM OUTING**

In spite of threatening weather, 30 members had a very enjoyable day out at Darlinghurst. Lunch at the cosy & welcoming *169 Darlinghurst Café* was great, followed by a short stroll to the Jewish Museum. There Ilse, a quietly spoken 94-year-old, told us her story (pictured). As an 8-year-old in Vienna, her Jewish parents feared for their lives after the Nazi takeover. Her father, a dentist, secured their passage to China via Italy after nearly being arrested by the police. In Shanghai, they survived WW2 under Japanese occupation, with her father being able to support the family by working as a dentist at the refugee camp, then later in a poor community nearby. Ilse's & other survivor stories are available online at the SJM website.

Our small group tour of the many displays was extremely informative. Our guides gave us their personal & family stories.



## **Tours & Excursion** latest information and changes

### **AUBURN BOTANICAL GARDENS & JAPANESE CHERRY BLOSSOMS**

**Thursday 18th August. Registrations are Closed. The tour is full**

- **Payment of \$15 pp is overdue. If you have signed up, please pay ASAP.**
- Travel is by the 8.54am train from Berowra **leaving Hornsby Station at 9.04am** to Auburn Station via Strathfield Station. After coffee, we have a private bus to & from the gardens.
- We have selected 2 restaurants for lunch. Or you may wish to be independent.
- We will email menus from the 2 selected restaurants prior to the meeting. We will also have them at the meeting. Please let us know which restaurant you choose so that we can book you in.

### **NAVAL HISTORY CRUISE OF SYDNEY HARBOUR FRIDAY 30<sup>th</sup> September**

#### **REGISTRATIONS CLOSED**

**3-hour Cruise with Navy Historical Society.**

**\$65 p.p**

**Balance due by August meeting**

- Check in time 9:30am at King St Wharf for 10 am departure, returning at 1pm.
- Train from Hornsby (details at next meeting)
- Commentary on the cruise is supported by a complimentary booklet of photos. Complimentary Morning Tea & snacks included.
- DIY Lunch could be at the many eateries at King St wharf after the cruise



**JINDABYNE Trip away**

**13-18 November 2022**

**The tour is FULL**

**\$875pp** No single supplement

**Balance due by the October meeting**

**Coach pickup from Hornsby Station, returning to Hornsby Station**

**8 DAY EYRE PENINSULA TOUR** 20 -27 July **2023**

**\$3095 pp. Single supplement \$740**

**\$295 pp deposit to secure your spot.**

**3 places remaining**

**A Great Coastal Journey to Port Lincoln, Ceduna and the Head of Bight during Whale Season.**

**A small group tour of no more than 20 people with Australian Iconic Tours showcasing natural wonders, local produce, history and the fabulous hospitality of the Eyre Peninsula.**

**For full itinerary come and see us at the trip desk.**

Prices are from Adelaide and don't include airfare or accommodation to/from Sydney



## **WALK REPORT.**

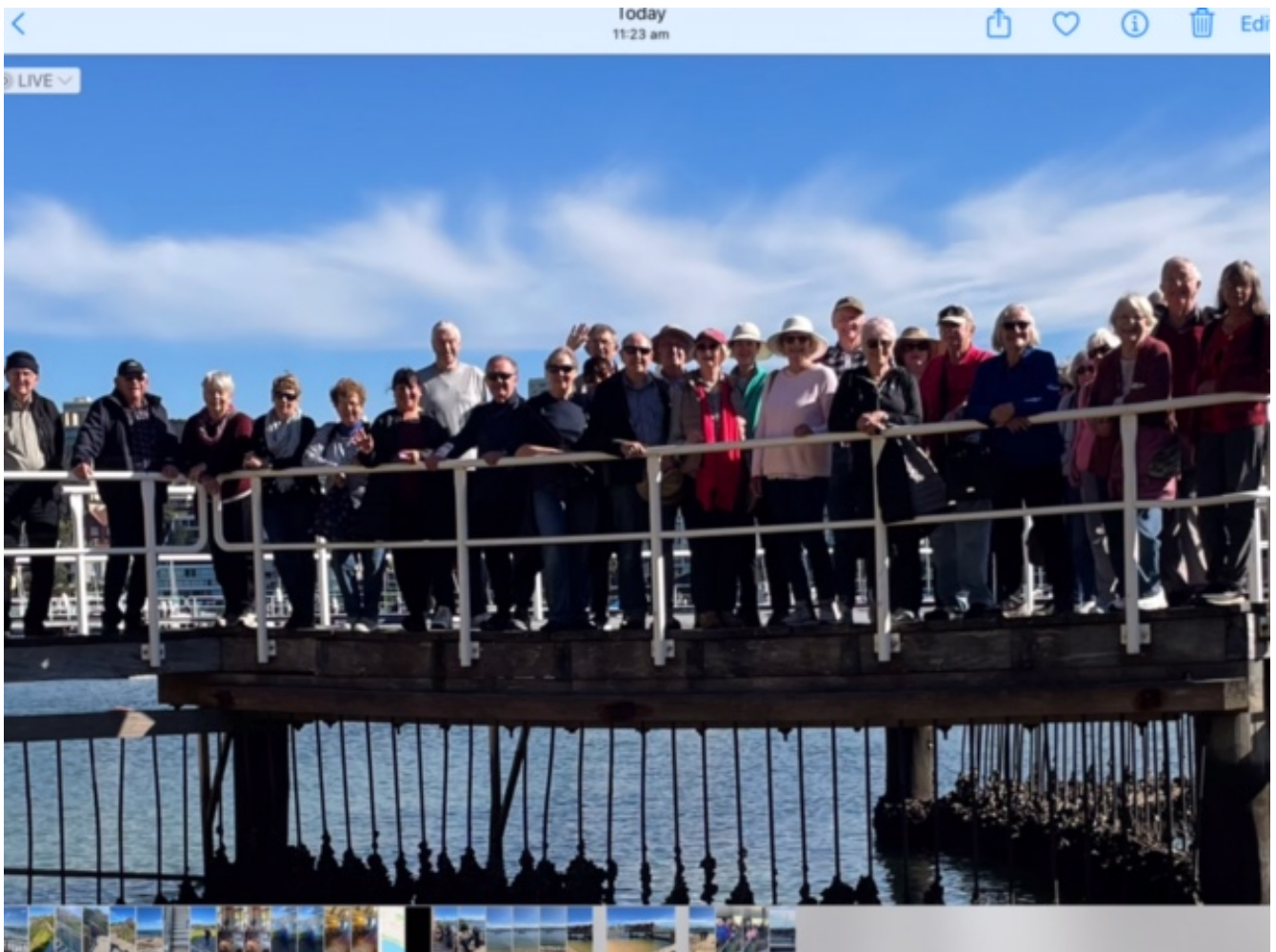
31 members attended the June Walk to Rose Bay in magnificent weather for a change.

As indicated, the August and September Walks do not have a straggler component and will require a little more effort on the shorter component than experienced at the June Walk.

Due to the floods, we have not been able to look at options on the Big River Walk. Details will be circulated as soon as they are available for the shorter walk.

The October walk will be a midmorning walk From Koolewong or Tascott to Woy Woy with John Britten organising.

## **WALK GROUP AT REDLEAF POOL**



## Thursday August 25 Sydney Sea Coast Walk – 4 beaches.

**Where:** Bondi to Coogee

**What:** The Complete walk from Bondi Beach Pavilion. (Testing with steps))  
  
**OR** the much easier walk from Waverley Cemetery to the Pavilion Coogee.

**Travel:** CCN train 0854 Berowra. 0904 Hornsby (Plat3) Cars 2/3.

**Change at Redfern or Central for Bondi Junction .**

**Walk 1** Bus 333 or 380 Stand A to Bondi

**Walk 2** 379 Bus to Bronte Stand K - alight Mcpherson Street Waverley.

**Lunch:** The Pavilion Coogee. Check prices on registration.

**Morning Tea:** Mystery refreshment break.

## Thursday September 22 The Big River Walk Penrith

**Where:** Emu Plains to Nepean Rowers Club Penrith.

**What:** **The complete walk** is a FLAT 6.9 km Loop (Bridge to Bridge) plus another 1.2 km from the old Bridge to the Club and then the Station after lunch.

The shorter walk is From Emu Plains to the Regional Gallery return in via the Western Bank and the Old Bridge to Nepean Rowers. FLAT 5km.

**Travel:** Berowra 8.54 Hornsby 9.04 Plat 3. Arrive Strathfield 9.30 Depart 9.39. Arrive Emu Plains 10.33.

**Morning Tea:** Several Coffee Shops en route.

## WELFARE REPORT JULY 2022

Our Club has been hit another blow with the sudden passing of our much-loved member Phyllis Davies. It doesn't seem possible that such a vibrant, friendly, positive person like Phyllis has gone. I attended Phyllis' funeral on the 22nd and was very proud to see over 30 Asquith Mixed Probus members in attendance. Our thoughts are with Phyllis' husband of 57 years Bill and all her family. May she rest in peace. Vicki

### PHYLLIS PATRICIA DAVIES



Phyllis had recently undergone major heart surgery at 'The San', and seemed to be progressing well, and due to go to Mt. Wilga quite soon. Then came the worst possible news - that Phyllis had passed away. This was totally unexpected.

So from being incredulous and shocked, we had to accept that Phyllis was gone. From July 13 until today, Bill has been calm and stoic, with his daughter Michelle by his side, providing support and helping with everything.

Clearly members of Asquith Mixed Probus Club had deep love and respect for Phyllis, with one quarter of our membership attending the Memorial Service, and celebrating a life well lived.

Vale dear friend, you will be missed.

Sunny & Angus.

## UPCOMING EVENTS

DATE	ACTIVITY	CONVENOR	PAGE	PHONE NO
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	4	
1 <sup>st</sup> & 3 <sup>rd</sup> Wed. 10am	500 Cards Magpies	Mary Glasby	4	
3 <sup>rd</sup> Weds of Month	Men's Group Magpies	Robert Allison	4	
4 <sup>th</sup> August	General Meeting	John Davies		
9 <sup>th</sup> August	Frankie's Restaurant	Judy Thompson	5	
10 <sup>th</sup> August	Dolls	Barbara Williamson	4	
11 <sup>th</sup> August	Committee Meeting	John Davies		
18 <sup>th</sup> August	Auburn Botanical Gardens	Mal Steel	7	
25 August	Sydney Sea Coast Walk	Laurie Keaton	10	
1 <sup>st</sup> September	General Meeting	John Davies		
7 <sup>th</sup> September	Dolls	Barbara Williamson	4	
8 <sup>th</sup> September	Surena Persian Restaurant	Judy Thompson	5	
8 <sup>th</sup> September	Committee Meeting	John Davies		
22 <sup>nd</sup> September	The Big River Walk	Laurie Keaton	10	
30 <sup>th</sup> September	Naval History Cruise	Mal Steel	7	
20 <sup>th</sup> October	Birthday Celebration	Judy Thompson	5	
13-18 <sup>th</sup> November	Jindabyne Tour	Mal Steel	7	

